



# Lakeland Open Championships 2009 for Junior & Cadet Men and Women



**DATE:** Saturday & Sunday August 22nd / 23rd 2009

**VENUE:** Kendal Judo Club, The Dojo, Parkside Business Park, Parkside Road, Kendal Cumbria LA9 7EN

**ELIGIBILITY:** Competitors MUST hold current full membership of the BJA, Judo Scotland, WJA, NIJF, BJC or AJA. This must be produced at the weigh-in / registration. Competitors from abroad should produce a letter of authority from their National Governing Body

**AGE BAND:** Born in the years 1990 – 1991 – 1992 – 1993 inclusive  
**Competing:** Saturday August 22nd 2009

**Weight Categories:** Boys: U55k-U60k-U66k-U73k-U81k-U90k-U100k- Over 100k  
Girls: U44k-U48k-U52k-U57k-U63k-U70k-U78-Over 78k

**AGE BAND:** Born in the Years 1994 – 1995 – 1996 - 1997 inclusive  
**Competing:** Sunday August 23rd 2009

**Weight Categories:** Boys:U30-U34-U38-U42-U46-U50-U55-U60-U66-U73-U81-U90-Over 90kilos  
Girls: U32k-U36k-U40k-U44k-U48k-U52k-U57k-U63k-U70k-Over 70k

**BOOKING IN / WEIGHING IN:** For Saturday Competition: Friday – 5.00pm to 9.00pm at the Dojo  
For Sunday Competition: Saturday – 2.00pm to 7.00pm at the Dojo  
There will also be a “one step on the scales” weigh-in each morning 8.00am to 8.30am if requested when sending Entry

**METHOD OF ELIMINATION:** will be Compound Knockout for categories with eight or more competitors. Weight groups with less than eight entries will be fought in pools to knockout. The organisers reserve the right to combine weight categories if insufficient entries.

**ENTRY FEE:** £18.00 if entry received before July 31<sup>st</sup> 2009  
£20.00 if entry received in August 2009 **Spectators Free Entry.**

**CLOSING DATE FOR ENTRIES:** August 15 2009 (No late entries accepted)

**ENTRIES TO:** Peter Holme, c/o Kendal Judo Club, The Dojo, Parkside Business Park, Parkside Road, Kendal, Cumbria, LA9 7EN  
Entries will only be accepted if accompanied by a cheque or postal order for the correct amount (ALL Cheques / Postal Orders should be made payable to 'Kendal Judo Club')  
There are NO facilities to accept entry fees by Credit Card, Debit Card or Electronic Transfer. If you wish confirmation of acceptance of entry please enclose stamped self-addressed envelope

For details of how to get to the Dojo  
Go to [www.kendaljudoclub.co.uk](http://www.kendaljudoclub.co.uk)  
And click on 'The Dojo' in the 'Site Navigation' Column.

**FOR ACCOMMODATION CONTACT:**  
Kendal Tourist Information Centre, Town Hall,  
Highgate, Kendal, Cumbria LA9 4DL  
Phone 01539 725758

WEB Sites; [www.golakes.co.uk/stay](http://www.golakes.co.uk/stay)  
OR  
[www.lakelandgateway.info/accommodation.asp](http://www.lakelandgateway.info/accommodation.asp)  
Any Queries contact Peter Holme by E-mail at  
**'peterholme@aol.com'**  
putting 'Lakeland Open' in the subject box.



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*Kendal Judo Club, The Dojo, Parkside Business Park,  
Parkside Road, Kendal, Cumbria, LA9 7EN  
Individual Competitor Entry Form*

**Family Name** .....

**First Name(s)** .....

**Address** .....

.....

**Post Code** ..... **Junior / Cadet** .....

**Phone / Mobile** .....

**E-mail** .....

**Weight Category** ..... **Grade** ..... **Date of Birth** .....

**Club** ..... **Area/Country** : .....

**Membership No.** ..... **Expiry Date:** .....

(NO up to date Licence - NO competition – NO exception)

FULLY completed entry forms along with Entry Fee should be sent to:

Peter Holme  
Kendal Judo Club, The Dojo  
Parkside Business Park, Parkside Road  
Kendal, Cumbria  
LA9 7EN

**ENTRY FEE**     £18.00 if entry received before July 31<sup>st</sup>  
                         £20.00 if entry received in August

Entries will only be accepted if accompanied by a Cheque / Postal Order for the correct amount made payable to “**Kendal Judo Club**”. **PLEASE NOTE:** There are NO facilities available to accept a Credit or Debit Card payment or Electronic Transfer.

Enclose s.a.e. for entry confirmation.

**Closing Date for Entries – August 15 2009 (No late entries)**

Photocopies of this entry form are acceptable